



# THE POWER OF CONSISTENCY

The Art of Faithfulness,  
Duty, and Reliability

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## INTRODUCTION

Consistency is carrying out something the same way or something staying the same as it's always been or achieved in a particular way. However, when it applies to people and behaviour, to be consistent means to behave reliably, predictably and to produce the same output when given an opportunity continuously, consistently.

It is the act of always behaving or making things happen in a similar way, especially positive way. It has a connotation to either suggest regularity of a positive action. So when a person is consistent in their behaviour, we are likely to see evenness, steadiness, stability, constancy, regularity, uniformity or equilibrium.

The apostle Paul in writing to the church in Corinth said

*Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labour in the Lord is not in vain. 1 Corinthians 15:58 NIV*

Here he admonishes the Corinthians to be consistent in the things that had to do with virtue, righteousness and right living. He gave the admonition in the background of having shared with them the testimony and evidence of the resurrection of Jesus Christ.

Please bear in mind that at this time there was a lot of debate on the veracity of the church's claim to the resurrection of Christ. Paul saw the danger of questioning the very basis upon which

Christianity rests, the power of the resurrection of Christ. We have a lot to live for therefore we need consistency because consistency is the power that will help us to finish well in the journey of life. Let us give a fuller definition to consistency, let's make it clear.

## CHAPTER ONE – WHAT IS CONSISTENCY?

It is that act or habit that makes a person totally dependable. We know that they will do what they said they would do, will be where they said they would be. In **Latin** we may say “*semper fidelis*”, always faithful.

Consistency makes people unwavering in their focus, reliable in their belief and practice. Consistency makes people harmonious in their vision with other people. Consistency makes people steady in their growth and in the journey of life. It is that act of not wavering in your belief and conviction, particularly when it comes to your faith in Jesus Christ and your serving the Lord.

Let us remember that the scriptures attest to the fact that God himself is consistent and unchanging.

*Jesus Christ is the same yesterday, today, and forever. Hebrews 13: 8 (NKJV)*

*“For I am the Lord, I do not change; therefore you are not consumed, O sons of Jacob. Malachi 3: 6 (NKJV)*

So, to be consistent is to be systematic in the way you do things. In other words, to have a direction as to how things will be done. Consistency is conforming with what is right and doing it continuously. It brings order to life, flow to life and a certain degree of predictability.

It helps one to be able to know and to say that the person who is consistent is doing that which is favourable, repeatable and right.

Consistency is a key factor to greatness. If you are unpredictable and cannot be said to keep your word, the degree of faith in you begins to wane. You are as good as your word. If your word is good, you are a good person. If your word is 50% good, you are 50% good.

Consistency is regularity in achievement and success in the journey of life. It does not come in an instant like many things do today. It comes through diligent pursuit and regular practice.

*Not lagging in diligence, fervent in spirit, serving the Lord. Romans 12:11 (NKJV)*

A consistent person demonstrates a lot of patience. They know the importance of waiting on the Lord despite the urge to act hastily.

*Though He slay me, yet will I trust Him. Even so, I will defend my own ways before Him. Job 13:15 (NKJV)*

*If a man dies, shall he live again? All the days of my hard service I will wait, till my change comes. Job 14:14 (NKJV)*

A person who behaves in an inconsistent way manifests the behaviour of disagreement, discord, fights, difference, dissimilarity of position. The Christian faith needs people who understand, appreciate the importance of consistency of faith, behaviour, relationship and remaining in one accord

*And through the hands of the apostles many signs and wonders were done among the people. And they were all with one accord in Solomon's Porch. Acts 5:12 (NKJV)*

It is the lack of consistency, faith and action that made Ananias and Saphira to suffer consequently for misleading Peter and others. When people are inconsistent, there is a variation to the things they do and say, there is an incongruity.

## CHAPTER TWO – THE PURPOSE OF CONSISTENCY

Imagine drops of water on a rock that goes on nonstop for hundreds of years. What the result would be is a deep hole in the rock. Which means something as simple and light as droplets of water, though being consistent can dig a hole in the hardest of rocks. Nothing and no one can be sustainably great unless they practise consistency.

Consistency is one of the key attributes mark of the man who runs a marathon. Consistency is the reason champions win. The heavyweight boxer who wins in the arena of celebration had been consistent in his private practice.

It is said that Evander Holyfield was back on the road running, a day after he won the world heavyweight championship bout against Mike Tyson. That is consistency.

The consistent will eventually taste the juice of success. They would know blessing because they have stayed on when others have given up.

*Who is this King of glory? The Lord strong and mighty, The Lord mighty in battle. Psalms 24:8 (NKJV)*

*Therefore, King Agrippa, I was not disobedient to the heavenly vision,...Therefore, having obtained help from God, to this day I stand, witnessing both to small and great, saying no other things than those which the prophets and Moses said would come. Acts 26: 19; 22 (NKJV)*

There is no mastery without consistency. There cannot be great strength without consistency. Stability and tenacity are the products of consistency. If you are consistent in a certain behaviour, you gain credibility in that area. Consistency is a perpetual habit, a perpetual action. It is what makes leaders, it is what makes them great.

*But you are those who have continued with Me in My trials. And I bestow upon you a kingdom, just as My Father bestowed one upon Me, that you may eat and drink at My table in My kingdom, and sit on thrones judging the twelve tribes of Israel.” Luke 22:28-30 (NKJV)*

God is consistent in his nature, action and character.

*For I am the Lord, I do not change; Therefore you are not consumed, O sons of Jacob. Malachi 3:6 (NKJV)*

*But You are the same, And Your years will have no end. Psalms 102:27 (NKJV)*

Jesus Christ is consistent

*Jesus Christ is the same yesterday, today, and forever. Hebrews 13:8 (NKJV)*

Consistency underwrites what God does and that's why He stands firm forever.

*The counsel of the Lord stands forever, The plans of His heart to all generations. Psalms 33:11 (NKJV)*

*Behold, God is mighty, but despises no one; He is mighty in strength of understanding. Job 36:5 (NKJV)*

The word of God is reliable because of the consistency of God himself.

*“God is not a man, that He should lie, nor a son of man, that He should repent. Has He said, and will He not do? Numbers 23:19 (NKJV)*

*And also the Strength of Israel will not lie nor relent. For He is not a man that He should relent.” 1 Samuel 15:29 (NKJV)*

If God's word could not be trusted, then it could not have been consistent. His word is trustworthy.

*Your kingdom is an everlasting kingdom, and Your dominion endures throughout all generations. Psalms 145:13 (NKJV)*

His word is eternal, God himself is eternal

*The grass withers, the flower fades, But the word of our God stands forever.” Isaiah 40:8 (NKJV)*

*Forever, O Lord, Your word [n]is settled in heaven. Psalms 119:89 (NKJV)*

The plan of redemption which God has, has been consistently prophesied from **Genesis 3:6** until its fulfilment at Calvary.

God did not waver or change, actions of men did not make him change. God's plan of redemption remains constant from Old Testament to the new.

*And the Scripture, foreseeing that God would justify the Gentiles by faith, preached the gospel to Abraham beforehand, saying, "In you all the nations shall be blessed." Galatians 3:8 (NKJV)*

*Thus God, determining to show more abundantly to the heirs of promise the immutability of His counsel, confirmed it by an oath, that by two immutable things, in which it is impossible for God to lie, we might have strong consolation, who have fled for refuge to lay hold of the hope set before us. Hebrews 6:17-18 (NKJV)*

His faithful love is also consistent. He tells Israel *I love you with an everlasting love*

*The Lord has appeared [a]of old to me, saying; "Yes, I have loved you with an everlasting love; Therefore with lovingkindness I have drawn you. Jeremiah 31:3 (NKJV)*

*For I have said, "Mercy shall be built up forever; Your faithfulness You shall establish in the very heavens." Psalms 89:2 (NKJV)*  
*Oh, give thanks to the LORD, for He is good! For His mercy endures forever. Oh, give thanks to the God of gods! For His mercy endures forever. Oh, give thanks to the Lord of lords! For His mercy endures forever: to Him who alone does great wonders, for His mercy endures forever; to Him who by wisdom made the heavens, for His mercy endures forever; to Him who laid out the earth above the waters, for His mercy endures forever; to Him who made great lights, for His mercy endures forever; the sun to rule by day, for His mercy endures forever; the moon and stars to rule by night, for His mercy endures forever. To Him who struck Egypt in their firstborn, for His mercy endures forever; and brought out Israel from among them, for His mercy endures forever; with a strong hand, and with an*

*outstretched arm, for His mercy endures forever; to Him who divided the Red Sea in two, for His mercy endures forever; and made Israel pass through the midst of it, for His mercy endures forever; but overthrew Pharaoh and his army in the Red Sea, for His mercy endures forever; to Him who led His people through the wilderness, For His mercy endures forever; to Him who struck down great kings, For His mercy endures forever; and slew famous kings, For His mercy endures forever; Sihon king of the Amorites, for His mercy endures forever; and Og king of Bashan, for His mercy endures forever and gave their land as a heritage, for His mercy endures forever; a heritage to Israel His servant, for His mercy endures forever. Who remembered us in our lowly state, for His mercy endures forever; and rescued us from our enemies, for His mercy endures forever; Who gives food to all flesh, for His mercy endures forever. Oh, give thanks to the God of heaven! For His mercy endures forever. Psalms 136: 1-26 (NKJV°*

*If we are faithless, He remains faithful; He cannot deny Himself. 2 Timothy 2:13 (NKJV)*

It would be foolhardy to be inconsistent in our behaviour, actions and belief and yet serve the consistent God. God is consistent, reliable, and dependable in everything He expects and cause us to be like him in our faith, our service and our witness.

*But as He who called you is holy, you also be holy in all your conduct, 1 Peter 1:15 (NKJV)*

Paul demonstrated the same kind of lifestyle and cause us to live in the same way.

*I, therefore, the prisoner [a]of the Lord, beseech you to walk worthy of the calling with which you were called, Ephesians 4:1 (NKJV)*

He encourages us that no matter what happens lifestyle must be consistent with the Word of God.

*Only let your conduct be worthy of the gospel of Christ, so that whether I come and see you or am absent, I may hear of your affairs, that you stand fast in one spirit, with one mind striving together for the faith of the gospel. Philippians 1:27 (NKJV)*

This is because consistency emphasises your faith over experience.

What do we mean?

Sometimes our experience does not seem to agree with what we believe.

However, faith in the word of God must override your feeling. You must consistently believe the word irrespective of how you feel, even if you woke up on the wrong side of the bed.

Yes, sometimes we say we are only human. However, we are not left with the rule to do as we like.

Consistency is what shows our faith in the Word of God and in the God of the word.

The alternative to consistency is a life that is driven by experience and experience can be wrong. Experience can be based on the flippancy of your emotion. We need to learn to consistently hold on to the word irrespective of how we feel.

The next truth is that consistency causes your roots to grow deep. When you are consistent in the word of God, practise worship, you find a certain degree of continuous growth but if your visit to the word, to worship, to prayer is haphazard, inconsistent and unpredictable, then you will not be able to grow in the grace of Jesus Christ.

When you are consistent, it affects other areas of your life. You need to be disciplined spiritually; this comes by consistency.

You need to be disciplined physically. For example, one's health improves with consistent exercise. Emotional and mental stability can only be achieved by consistency.

One of the greatest examples of consistency in the Bible would be Moses. He had every reason to blame emotion, his past experience, his painful rejection by fellow Israelites, the days of loneliness in the bushes in the land of Midian. Yet, the consistency of Moses enabled him to cooperate with Jehovah. By so doing, he was able to bring deliverance to the people of God.

## CHAPTER THREE – THE POWER OF CONSISTENCY

At the initial stepping out in his journey, Moses argued with God. He blamed his emotion and lack of strong oratorical skills. However, once he got his life together, from the time he was called to lead God's people from captivity, he consistently followed the Lord's leading. He had reservations but he went to speak to Pharaoh pleading with him to let the people go. He followed the Lord and boldly informed the king of the consequences of his refusal to heed to the requests.

Moses was consistent despite the pressure.

Ten times Moses experienced the work of God in bringing the plagues upon Egypt, culminating in the Passover and the exodus.

This action and consistency of Moses made the people who had disbelief initially to have to follow the man because they could see that he was clear in his conviction, in his faith in God and in his belief that the almost impossible task of taking Israel out of the claws of the mighty Egypt could be achieved.

Moses' consistency was helped by his continuous focus and remembrance of what God had done and was doing. This emboldened him to continue to fight as he held on in faithfulness.

Certainly, your past testimony can help you to be consistent in your belief and your actions. The result for Moses was that it enabled him to experience the presence of God, the providence of God and the prosperity of God. Consistency was what made

Caleb, at the age of 85, ask to be sent to take the land of the giants. His personal testimony was “*I wholly followed the Lord*”.

*Nevertheless my brethren who went up with me made the [a]heart of the people melt, but I wholly followed the Lord my God. Joshua 14:8 (NKJV)*

Not only did he say *I wholly followed the Lord*, then God testified of Caleb himself. God said *he wholly followed the Lord*; that is consistency. There were too many reasons for Caleb not to. The unbelievers, the waters of Mara, the behaviour of the children of Israel, the fact that he had to play second fiddle to Joshua. Yet Caleb was consistent and never allowed having to play second fiddle to his colleague stop him from being consistent in his faith, commitment to God, pursuit of faith and trusting God to take on the impossible.

## CHAPTER FOUR –THE PLAYING FIELDS OF CONSISTENCY

Every area of life that demands virtue requires consistency.

Another word which may be used to describe consistency is the development of habits. There are many areas where we may say you need to look at your actions and habits but we will pick a few.

### CONSISTENCY IN SOWING

Sowing is an act of releasing what God has provided for you as an expression of worship. God himself is a sower. The first thing he did was to provide.

Our first example of consistent sowing is God Himself, who continued giving to the point of giving His only son.

*For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. John 3:16 (NKJV)*

The reason many never have consistent prosperity and harvest is because their seed sowing is inconsistent. They do not realise that this is the protocol that God himself had established.

*“While the earth remains, Seedtime and harvest, Cold and heat, winter and summer, and day and night shall not cease.” Genesis 8:22 (NKJV)*

Haphazard seed sowing for the farmer would mean haphazard harvest. Consistent sowing will bring the same kind of result. So,

God tells us that just as day and night are consistent, summer and winter, so should sowing and reaping be. In other words, if you send out a noise be ready for an echo, if you send out nothing be ready for nothing.

Sowing must be in several ways, whatever you have to sow.

For us in church, it means the sowing of our tithe. The tithe is technically not sowing. It is giving back what belongs to God but must be done consistently for the blessing that follows to be consistent. Tithing is the key to prosperity and that's the truth. He said do these and see if I will not open for you the windows of heaven.

*Bring all the tithes into the storehouse, that there may be food in My house, and try Me now in this," says the Lord of hosts, "If I will not open for you the windows of heaven and pour out for you such blessing That there will not be room enough to receive it. Malachi 3:10 (NKJV)*

To do it haphazardly is to prepare oneself for haphazard blessing. To do it consistently on the other hand is to provoke windows to open, blessings to flow and the devourer to be stopped.

*"And I will rebuke the devourer for your sakes, So that he will not destroy the fruit of your ground, Nor shall the vine fail to bear fruit for you in the field," Says the Lord of hosts; Malachi 3:11 (NKJV)*

The scripture also talks of the offering in **Galatians 6:9 (NKJV)** we are taught to always consistently sow our offering without fainting or pulling back. God does not reward haphazardness, He rewards consistency and diligence.

*And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart. Galatians 6:9 (NKJV)*

*But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him. Hebrews 11:6 (NKJV)*

If there's an area where God wants to see us being consistent, it is in the area of learning to release the seed in our hand.

*In the morning sow your seed, and in the evening do not withhold your hand; for you do not know which will prosper, either this or that, or whether both alike will be good. Ecclesiastes 11:6 (NKJV)*

It is unreasonable for a farmer who is inconsistent in sowing to expect a great harvest.

For three or four years, I was a rice farmer and it was the consistency of those years that determined the consistency of harvest. Once I stopped rice farming and used the land for another purpose, I could not go back there to look for harvest of rice. Consistency is key.

*Give, and it will be given to you: good measure, pressed down, shaken together, and running over will be put into your bosom. For with the same measure that you use, it will be measured back to you.” Luke 6:38 (NKJV)*

## CONSISTENCY IN PRAYER

The negro spiritual says “It is me, it is me oh Lord standing in the need of prayer, not my father not my mother but it’s me oh Lord standing in the need of prayer.” I think another stanza goes on to say not my pastor or my deacon but it’s me oh Lord standing in the need of prayer.

Now if you are a consistent praying Christian, you will not need to introduce yourself. You are already known in the courtroom of heaven -the place of answered prayer.

Consistency in prayer was taught by Jesus himself when he told the story of the woman who would not let go until the judge decided in her favour.

*Then He spoke a parable to them that men always ought to pray and not lose heart, saying: “There was in a certain city a judge who did not fear God nor regard man. Now there was a widow in that city; and she came to him, saying, Get justice for me from my adversary.’ And he would not for a while; but afterward he said within himself, ‘Though I do not fear God nor regard man, yet because this widow troubles me I will avenge her, lest by her continual coming she weary me.’ ” Luke 18:1-5 (NKJV)*

Jesus opens our eyes here to the need of consistency particularly in prayer. The passion and persistence of this woman made her receive her breakthrough. It is possible that many have done a touch and go prayer and yet expected an unusual answer.

We have an abundant number of people in scripture who were consistent in their prayer life even in the face of the toughest prosecution.

When you think of consistency in prayer, one of the people who comes to mind is Daniel. Through his consistency in prayer, he survived ungodly perils, the lion's den, and the antics and schemes of men. In the midst of all these attacks, his consistency paid off and rather got promoted!

It is often said that pray when you feel like praying, pray when you don't feel like praying, pray until you feel like praying. That is consistency.

Consistency is what Paul meant when he said to pray always with all prayer and supplication.

*Therefore take up the whole armor of God that you may be able to withstand in the evil day, and having done all, to stand. Ephesians 6:13 (NKJV)*

*Praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints— Ephesians 6:18 (NKJV)*

Consistency of prayer that will help us to finally uproot certain strongholds that want to hold strong.

*For the weapons of our warfare are not [a]carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ, 2 Corinthians 10:4-5 (NKJV)*

It is something you must learn to pray until something happens, that is consistency.

## CONSISTENCY IN OUR WALK WITH GOD

We do not serve a God who is not touchable and reachable. Rather, we serve a God who is ever ready to engage His children. David said the morning, at noon and evening you hear my voice.

*Evening and morning and at noon I will pray, and cry aloud, And He shall hear my voice. Psalm 55:17 (NKJV)*

Consistency in the walk with God means having fellowship not just in prayer but learning to be sensitive to the presence, power and voice of God because whoever you walk with determines what you walk away with. Whoever you walk with also determines what rubs off on you. Walking with God exposes us to him as our teacher.

*Thus says the Lord, your Redeemer, The Holy One of Israel: "I am the Lord your God, Who teaches you to profit, Who leads you by the way you should go. Isaiah 48:17 (NKJV)*

And when God teaches you, he teaches you to know what is not immediately and readily known to others.

Walking with God helps us to access keys to prosperity.

*Blessed is the man who walks not in the counsel of the ungodly, nor stands in the path of sinners, nor sits in the seat of the scornful; but his delight is in the law of the Lord, And in His law*

*he meditates day and night. He shall be like a tree planted by the rivers of water, That brings forth its fruit in its season, whose leaf also shall not wither; And whatever he does shall prosper. Psalm 1:1-3 (NKJV)*

It is the walk with God with provokes intimacy, provokes purity. releases his righteousness upon our lives. So you see many of us need to learn more on walking with God and you may say how do I walk with God. \*

Sometimes it may just mean learning to open your spirit to hear speak in your spirit mind and letting him lead you.

*For as many as are led by the Spirit of God, these are sons of God. Romans 8:14 (NKJV)*

*The Spirit Himself bears witness with our spirit that we are children of God, Romans 8:16 (NKJV)*

When we do these, our business and everything we lay hands on receive promotion because God cannot lead you wrong he can only lead you right if you walk with him.

*At Your rebuke, O God of Jacob, Both the chariot and horse were cast into a dead sleep. Psalm 76:6 (NKJV)*

Let us apply consistency not only in our relationship upward but also in your horizontal relationships with your work and business. Some businesses are not prospering practically because the owners are not consistent either in the thing they should do to enhance, encourage, strengthen and make their business expand. The fact that God said He will bless, does not mean that

He blesses indolence, laziness, inconsistency and the lack of flow.

As a matter fact, the scripture makes very clear that only the consistent and diligent should expect any form of prosperity.

*Do you see a man who excels in his work? He will stand before kings; He will not stand before unknown men. Proverbs 22:29 (NKJV)*

Research have shown that for people who have learned to be consistent excel even if they're not extremely gifted. The very act of consistency can relocate a person from the bottom to the top. Constant continuous practice, the discipline to do things consistently whether it is waking up the same time or going to bed the same time can result in a lot of positive benefits.

Being consistent in what God has put in your hands will make other things find their way to you. It will expose you to greater promotions, open doors and favour upon your life.

Consistency is not easy. It may mean hard work, discipline, cutting off some things and sometimes even saying NO to friends and people without feeling guilty.

If you must achieve the goal you have set, the dreams you have and the vision you have in your mind, you must learn the importance of consistency. It may not initially look as if what you're doing has gained recognition but somebody somewhere is observing your consistency. Consistency in your act of service.

This same principle of consistency must be applied in our service to the Lord. The work of God is not a mere place to just volunteer.

Today the word is used to describe Christian service. However Christian service is not mere volunteering, it has eternal consequences. Therefore, the sound of the good and faithful servant only comes to the one who is faithful. The work of God is not a mere target practice. God wants those who will serve him with all of their heart, their mind and their soul.

*You shall love the Lord your God with all your heart, with all your soul, and with all your strength. Deuteronomy 6:5 (NKJV)*

We don't serve God haphazardly – serving occasionally and at our own convenience. No, we stay there, we work hard, we stay in there until we finish.

*I have fought the good fight, I have finished the race, I have kept the faith. 2 Timothy 4:7 (NKJV)*

When you do this, consistency makes you relevant from generation to generation.

The people we admire today in their chosen field of ministry were people who were consistent and refused to be discouraged. If you go close and ask questions you might be surprised that they started with many people and only a tiny fraction remain.

*And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart. Galatians 6:9 (NKJV)*

## CHAPTER FIVE – BIBLICAL EXAMPLES OF CONSISTENCY

### 1. THE CONSISTENCY OF JOSEPH

A powerful example of consistency is Joseph. At the end of life, the patriarch Jacob speaks into the life of his twelve sons, the twelve tribes. Of his son Joseph he makes quite a remarkable statement.

*“Joseph is a fruitful bough, A fruitful bough by a well; His branches run over the wall. Genesis 49:22 (NKJV)*

From the story of Joseph we see a person who went through a lot of challenge, a lot of battles, envied by the brothers thrown into a well, pronounced dead, sold into slavery, used and abused and thrown into jail in the house of Potiphar but his father testifies in Genesis 49:23:

*The archers have bitterly grieved him, shot at him and hated him. Genesis 49:23 (NKJV)*

The archers have bitterly gripped him, shut at him and hated him but despite all these attacks, *verse 24*. Joseph remained consistent.

*But his bow remained in strength, And the arms of his hands were made strong by the hands of the Mighty God of Jacob Genesis 49:24 (NKJV)*

His other brothers never went through one tenth of his experience. Yet most of them balked out and remained inconsistent.

In **verse 24**, the key word is the ***remained***. It meant that Joseph did not quit, did not fall out, did not walk away, did not deny the faith of his fathers, his nationality, neither did he denounce his origins. He remained.

He stayed the same, he stayed strong. He was faithful to his calling, his assignment and destiny. The truth about this is the fact that they did not have written scriptures. Yet he knew he was a man of purpose and yet stayed consistent without scriptures to read on a daily basis.

So, he was never moved from the source of his power which is the mighty God of Jacob. That is consistency. Not only was he consistent in his stand, he was consistent even in bearing fruit.

*“Joseph is a fruitful bough, A fruitful bough by a well; His branches run over the wall. Genesis 49:22 (NKJV)*

Here Joseph is described as a branch that bore fruit, that stayed in power, that carried opportunity and life to other people. He was constant and unwavering. He knew who he was. He embraced his assignment, he committed himself to God and he never denied who he was.

In his days, Egyptians had almost nothing to do with cattle-rearers like the Israelites. Yet, Joseph did not hide his identity. Compare this to his older brother, the first born of Jacob, Reuben whom the father described as an epitome of inconsistency.

*Unstable as water you shall not excel. Genesis 49:4*

This paints a picture of how unpredictable and unstable the waves of the sea can become. The tectonic plates cause severe movements of the ocean floor, like an earthquake, leading to the generation of ocean currents. Unstable in other words, mean uncertain, unreliable, always changing, unpredictable, fluid, wobbly, lacking substance. Unstable means it cannot be relied on. It has all sorts of ramifications.

Didn't James say a double minded man unstable in all his ways and sometimes that is the reason he has no answer to his prayer?

*But let him ask in faith, with no doubting, for he who doubts is like a wave of the sea driven and tossed by the wind. For let not that man suppose that he will receive anything from the Lord; he is a double-minded man, unstable in all his ways. James 1:6-8 (NKJV)*

So to be consistent is the key to excelling, flourishing, answered prayer. It is in other words to be single minded.

Let us poke our face into the Old Testament and we will also see some degree of inconsistency.

It might suffice to say **1 Kings 18:21**, that Elijah must have seen through the heart and mind of the Baal prophets, that they did not really trust in their god, they are doing it probably by coercion. They were inconsistent, so he said how long will you waver between opinions. It showed he knew that God is God so he was consistent in his belief.

## 2. THE CONSISTENCY OF ABRAHAM

The style, consistency and commitment of Abraham encouraged the future generations to seek God and follow him because he's a God who keeps his word.

*Now the Lord had said to Abram: "Get out of your country, from your family and from your father's house, to a land that I will show you. I will make you a great nation; I will bless you and make your name great; And you shall be a blessing. I will bless those who bless you, And I will curse him who curses you; And in you all the families of the earth shall be blessed." Genesis 12:1-3 (NKJV)*

*On the same day the Lord made a covenant with Abram, saying: "To your descendants I have given this land, from the river of Egypt to the great river, the River Euphrates. Genesis 15:18 (NKJV)*

*And it came to pass at that time that Abimelech and Phichol, the commander of his army, spoke to Abraham, saying, "God is with you in all that you do. Genesis 21:22 (NKJV)*

Abraham had too many reasons not to be consistent. Having had to wait for so many years for the fulfilment of promises made to him by God. Yet, Abraham trusted God with every step he took, every move he made, even when he didn't have answers or understand the process of God.

In fact, he laughed at the promise of his son and so did his wife, but he kept his consistency. One of the most challenging tests was when God asked him to bring his son, his only son, to be

sacrificed. Having sent away Ishmael at this time to a place without retrieval, this was an extreme demand. Yet, Abraham was too committed and too consistent to think otherwise. His example became an example to his own sons and progenies.

Isaac learned from him; Isaac was consistent. He was able to stand a famine and he was able to bless his sons. So, from these examples, consistency is not without questions, lapses, setbacks and even failures. None of the people I have mentioned are perfect. Abraham wasn't, Isaac wasn't, neither was Jacob or Joseph. None of them was perfect. Moses had insecurities, he showed it at every turn.

*But Moses said to God, "Who am I that I should go to Pharaoh, and that I should bring the children of Israel out of Egypt?" Exodus 3:11 (NKJV)*

*Then Moses said to the Lord, "O my Lord, I am not eloquent, neither before nor since You have spoken to Your servant; but I am slow of speech and slow of tongue." So the Lord said to him, "Who has made man's mouth? Or who makes the mute, the deaf, the seeing, or the blind? Have not I, the Lord? Now therefore, go, and I will be with your mouth and teach you what you shall say." But he said, "O my Lord, please send by the hand of whomever else You may send." Paul too struggled with practising right from wrong he said it. Exodus 4:10-13 (NKJV)*

*For we know that the law is spiritual, but I am carnal, sold under sin. For what I am doing, I do not understand. For what I will to do, that I do not practice; but what I hate, that I do. If, then, I do what I will not to do, I agree with the law that it is good. But now, it is no longer I who do it, but sin that dwells in me. For I know that in me (that is, in my flesh) nothing good dwells; for to will is*

*present with me, but how to perform what is good I do not find. For the good that I will to do, I do not do; but the evil I will not to do, that I practice. Now if I do what I will not to do, it is no longer I who do it, but sin that dwells in me. Romans 7:14-20 (NKJV)*

Abraham did the unthinkable, he laughed at God.

*Then Abraham fell on his face and laughed, and said in his heart, "Shall a child be born to a man who is one hundred years old? And shall Sarah, who is ninety years old, bear a child?" Genesis 17:17 (NKJV)*

However, within all these, God saw the thread of consistency. The reason God is worthy of our trust and devotion is that He is consistent. His word never fails. His judgement is always right. His purpose is always true. His presence is always near. His power is always manifest. His prosperity is always guaranteed.

So David could say of this consistent God, He said, "my God in whom I trust."

*I will say of the Lord, "He is my refuge and my fortress; My God, in Him I will trust." Psalm 91:2 (NKJV)*

### **3. THE CONSISTENCY OF DANIEL**

It is almost impossible to find anyone else who demonstrated a greater consistency than Daniel. He was shipped out of Israel along with other young people through the back waters of Babylon, and brought into the palace of the king with the intent to feed them like guinea pigs and be portrayed as princes raised in Babylonian land.

They changed their name, their language, their dressing and even attempted to change their diet. That was one place where Daniel resisted because a Jewish man's diet was connected to his religion and his God. However, Daniel was focused and committed to God.

*Now from among those of the sons of Judah were Daniel, Hananiah, Mishael, and Azariah. Daniel 1:6*

*But Daniel purposed in his heart that he would not defile himself with the portion of the king's delicacies, nor with the wine which he drank; therefore he requested of the chief of the eunuchs that he might not defile himself. Daniel 1:8*

He chose to rather please God than to please his appetite. He and his friends refused to buckle under the demand of this godless society. He was consistent.

What would you have done if you were Daniel and you saw the meaning of the dream of king Nebuchadnezzar or that of Belshazzar, the meaning of the handwriting on the wall?

Some would have given a different meaning for fear of their head being taken off their neck. What would you have done if you were Daniel when you were forbidden to pray? When he was forbidden to pray, and this is his consistent practice, he went back to pray, opened the windows as his manner was. His consistency prompted disbelieving people to bow to the God of heaven.

Consistency is so powerful as seen in the life of Daniel. In the face of a lion, he was consistent, when he could have prayed silently or shut his window, he was consistent in his belief. When

he could have interpreted the dream of the king one way or the other or the handwriting on the wall, he was consistent in his commitment and when he could have just eaten the vegetable of the king, he was consistent in his commitment.

The consistency of Solomon sounds almost like an oxymoron, a contradiction. A man who had thousands of wives and concubines yet expresses consistency in his love to one certain Shulamite bride resulting in a beautiful marriage. We see this in the songs of Solomon. He was consistent in his affirmation of his love for this woman. He was consistent in his affirmation of how beautiful she was to him was consistent in the exchange of compliments with her and her to him.

He was consistent in his showing of gratitude for the things they both had. You could almost laugh at today's couples whom while quarrelling they are calling each other "*honey you can't say that*", "*sugar you're so stupid*", "*love, how can you do such an idiotic thing*". It sounds like a contradiction but Solomon was consistent in whatever affection he had for the Shulamite.

Marriages and families are further strengthened when the persons involved are consistent in complementing one another in spite of the conflicts that occur.

The book of the Songs of Solomon must have been allowed in the Bible because he shows us the love and humility that brings a husband and wife as close as the love of Christ and his bride. How can a saviour so great come and die for mortal beings whom he calls his bride?

#### 4. THE CONSISTENCY OF PAUL

Imagine if only Peter led the church and Paul was not available, we probably would have had some inconsistency. Remember in the face of pressure, Peter adjusted and changed his attitude towards the gentile Christians.

Paul, on the other hand, remained true to the gospel and the message of Jesus Christ no matter where he found himself and he demanded the same of every ethnicity and culture.

*For this reason I have sent Timothy to you, who is my beloved and faithful son in the Lord, who will remind you of my ways in Christ, as I teach everywhere in every church. 1 Corinthians 4:17 (NKJV)*

*But as God has distributed to each one, as the Lord has called each one, so let him walk. And so I ordain in all the churches. 1 Corinthians 7:17 (NKJV)*

As Paul preached the gospel to the whole earth, the message was supposed to be in total and complete harmony. If there was inconsistency in the message of salvation, it would cause confusion and people would not know what to follow.

Paul was consistent rather he rebuked the conflict that the Jewish Christians caused in Galatia.

*O foolish Galatians! Who has bewitched you [a]that you should not obey the truth, before whose eyes Jesus Christ was clearly portrayed [b]among you as crucified? Galatians 3:1 (NKJV)*

The confusion they caused in First Corinthians, the conflicting and competing messages, could have filtered through to the entire body of Christ, if Paul was not there to correct it. He was a consistent person.

## CHAPTER SIX – THE CHALLENGES OF CONSISTENCY

There is often a notion that when you are consistent, and you do the will of God you will not face any challenge. This is far from true. As a matter of fact, the demonic realm reacts to people who have chosen the path of righteousness for his name sake.

The choice to walk the path that God had chosen meant that things were not easy for a man like Caleb. Yet he kept his focus.

*Then the children of Judah came to Joshua in Gilgal. And Caleb the son of Jephunneh the Kenizzite said to him: “You know the word which the Lord said to Moses the man of God concerning you and me in Kadesh Barnea. I was forty years old when Moses the servant of the Lord sent me from Kadesh Barnea to spy out the land, and I brought back word to him as it was in my heart. Nevertheless my brethren who went up with me made the heart of the people melt, but I wholly followed the Lord my God. So Moses swore on that day, saying, ‘Surely the land where your foot has trodden shall be your inheritance and your children’s forever, because you have wholly followed the Lord my God.’ And now, behold, the Lord has kept me alive, as He said, these forty-five years, ever since the Lord spoke this word to Moses while Israel wandered in the wilderness; and now, here I am this day, eighty-five years old. As yet I am as strong this day as on the day that Moses sent me; just as my strength was then, so now is my strength for war, both for going out and for coming in. Now therefore, give me this mountain of which the Lord spoke in that day; for you heard in that day how the Anakim were there, and that the cities were great and fortified. It may be that the Lord will be with me, and I shall be able to drive them out as the Lord said.” Joshua 14:6-12 (NKJV)*

He was the man of whom God himself testified that he wholly followed the Lord and he also attested to the same truth. Before the reward would be the challenges, before the benefits would be the buffetings, before the breakthrough would be the battles.

There are issues, challenges, battles that come before you reap the reward of consistency.

## 1. FRUSTRATIONS

Being consistent does not mean instant success. Some of the gratifications we desire may take some time.

The story of Caleb shows us this. He was a consistent man, he never brought evil report and yet he had to wait 45 years before he would reap the reward of being a consistent man.

*And now, behold, the Lord has kept me alive, as He said, these forty-five years, ever since the Lord spoke this word to Moses while Israel wandered in the wilderness; and now, here I am this day, eighty-five years old. Joshua 14:10 (NKJV)*

The only truth is that it would be worth it all when the counsel of the Lord stands in your life.

## 2. FEAR

Walking the path of consistency would mean that somebody would try to make you afraid. Joshua testifies to this in

*Nevertheless my brethren who went up with me made the [a]heart of the people melt, but I wholly followed the Lord my God. Joshua 14:8 (NKJV)*

The testimony of Joshua and Caleb was consistent and God was able to give them Canaan. The majority was against them, the voice of ten other leaders was louder and more believed. In fact, they had an immediate impact on the whole of Israel.

*So all the congregation lifted up their voices and cried, and the people wept that night. Numbers 14:1 (NKJV)*

The demonic realm is fighting you and some people are sowing the seed of discouragement. You must learn to rise above fear. Always remember, fear paralyses. Fear is a thief of God's blessing. Fear destroys confidence.

Let me stay a little bit here and tell you a little bit more about fear. When fear comes in, faith jumps out. So, you must realise that fear produces no good fruit rather it is a thief of all of God's blessings. It is the opposite of faith. So, faith is acting on God's word, fear is acting on the words of the devil.

The reason people deny the faith, walk away from truth, denounce what they have held on for years, is a certain phobia, a fear that grips their heart and makes them deny what God has said.

No wonder, the scripture would say fear has torment. It torments the person who walks in it. You must overcome the demon of fear because God has not given you the spirit of fear.

*For God has not given us a spirit of fear, but of power and of love and of a sound mind. 2 Timothy 1:7 (NKJV)*

*There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love. 1 John 4:18 (NKJV)*

To live in fear is to live in terror. The **Greek** word for fear, **Phobos**, means to live in terror, to dread something, to anticipate or expect something bad to happen. This evil habit has no respect of persons and when it's a spirit, it can be defined as the apprehension of evil.

Everything around the world is programming you to be afraid, even the news is no news unless it is fearful news. So don't let fear distort your faith and don't let it control you with faces, facts, foes or folks.

### 3. FAILURES

When Israel failed, they wandered around the wilderness. The feeling of failure destroys the confidence required for consistency. It is very interesting to know and to remember that of the millions that left Egypt, only two adults made it to Canaan land.

Failure was a product of inconsistency. They could not enter his rest because of unbelief. Failure emphasises our insufficiency, failure makes us see how bankrupt our visions, dreams and ideas can be. As a matter of fact, it cast doubt on anything it does not understand. So possibly a mixed multitude were the ones at

the helm of preaching to the rest of Israel that Moses had brought them to the wilderness to die.

The feeling of failure made Israel to become despondent and inconsistent in their worship of God. One day they magnified God, another day they wished he wasn't there.

The feeling of failure makes us not to function improperly. It takes away the desire to perform.

#### 4. FOES OR ENEMIES

You cannot desire to be consistent with anything and imagine that there will be no enemies. Let us imagine that you wanted to lose some weight, exercise and be firm. There will be people who prefer the way you are or think you're doing too much. They do not even realise that consequently and by their actions and words they have made themselves enemies of your desire for weight loss, firmness of your body and healthiness.

Enemies or foes do not always mean humans or individuals. It certainly could mean hatred or malice directed towards you or hostility. By effect, anything that stops you from consistently winning.

*Now therefore, give me this mountain of which the Lord spoke in that day; for you heard in that day how the Anakim were there, and that the cities were great and fortified. It may be that the Lord will be with me, and I shall be able to drive them out as the Lord said.” And Joshua blessed him, and gave Hebron to Caleb the son of Jephunneh as an inheritance. Hebron therefore became the inheritance of Caleb the son of Jephunneh the Kenizzite to*

*this day, because he wholly followed the Lord God of Israel.  
Joshua 14:12-14 (NKJV)*

Caleb understood this and desired to face the enemy. You can be consistent because the scriptures cannot be broken and it says the weapons of our warfare are not natural, so we can overcome the enemy. No weapon formed against us prospers.

The scripture says God frustrate the counsel of liars so that they are unable to be successful and their enterprise.

## **5. FRIENDS**

One of the biggest challenges you would face with wanting to be consistent with your life may be friends. Firstly, because you do not want to offend them, they break your focus, they break your flow, they break your vows. If they are the kind of friends, you have given permission to do.

Certain friends can oppose your vision, some others can be a blessing or a challenge. They can help or hinder. They can step you up or step you down.

## CHAPTER SEVEN – THE PRACTICE OF CONSISTENCY

So, you want to be consistent, you want to achieve the dreams, the visions you have. Remember again that consistency is a great characteristic of building a strong and focused life. It is the key to achieving the goals of your life to becoming the person you always wanted to be.

Making this happen may mean you start by determining what exactly you want, where you want to be and when you want to be there. Over time you will need to become consistent and keep yourself motivated and accountable to make this happen. It may require some change in your thinking, attitude and optimism because consistency cannot just happen without you shifting.

### 1. FOCUS

Always remember that a broken focus is the beginning of accidents, broken focus is the beginning of warped images. When the lens of a camera is out of focus, the image it sees is wrong. When the focus is right the image is sharp, the conclusions are correct. When you lack concentration, you will lose consistency.

*Looking unto Jesus, the [a]author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. Hebrews 12:2 (NKJV)*

When Peter looked consistently at the Lord, he was able to stand the stormy sea but once he took his eye off the Lord, the consequences were dire.

## 2. HAVE CLEARLY DEFINED GOALS

Start by defining what consistency means to you. Is it in your routine, habits, sleeping habits, waking habits, reading, working, relationships? Are you aiming for a higher quality of work or life? Is it your desire to become consistent in your relationship with your spouse to make your marriage better?

You need to be specific instead of just telling yourself *I'm going to be consistent and live my life in a more significant way*. How or where, in what area, what specifically do you want to see change in your life?

## 3. DISCIPLINE

In **2 Timothy**, Paul takes the time to show us the power of consistency by using the illustration of three lifestyles that require a lot of discipline and consistency to be able to make any mark or achieve results.

*No one engaged in warfare entangles himself with the affairs of this life, that he may please him who enlisted him as a soldier. And also if anyone competes in athletics, he is not crowned unless he competes according to the rules. The hardworking farmer must be first to partake of the crops. 2 Timothy 2:4-6 (NKJV)*

From this story, from the illustration Paul gives we see:

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### A. THE DISCIPLINE OF A FARMER

Farming requires a lot of discipline, there is a clearing of the ground, there's the separation of good seed from bad seed, the planting, the waiting. The waiting is the toughest, but you cannot go and harvest when it is not ready.

If you're not consistent with the practice of clearing ground, separating seed, planting the right seed, waiting, weeding, you will not be able to have a good harvest. Consistency is powerful.

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## B. THE DISCIPLINE OF AN ATHLETE.

Paul tells of the discipline of an athlete. The illustration Paul gave here is that of the ISTHMIAN. This game was a contemporary of the Olympic Games, the only reason the Olympic Games gained prominence was because of the Swiss Baron who decided to make it famous in the 19th century. The person who participated in the ISTHMIAN game disciplined himself, stayed away from the public, practised in private until they were ready to win.

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## C. THE DISCIPLINE OF A SOLDIER

A soldier has to be disciplined in his training and preparation in order to win the battles. All of these three must be consistent. Discipline, preparation, action in order to achieve.

## 4. A DAILY DOSE OF THE WORD OF GOD

*Then the Lord said to Moses, "Behold, I will rain bread from heaven for you. And the people shall go out and gather a certain quota every day, that I may test them, whether they will walk in My law or not."*

*Daily exposure to the word of God is discipline that needs to be desired and developed. This can be done by prayer and meditating regularly. Exodus 16:4 (NKJV)*

*This Book of the Law shall not depart from your mouth, but you[c] shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. Joshua 1:8 (NKJV)*

*Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth. 2 Timothy 2:15 (NKJV)*

## **5. PRACTICE VIRTUE AND LIVING A MORAL LIFE REGULARLY**

*I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, and acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God. Romans 12:1-2 (NKJV)*

## **6. SERVING OTHERS AND THE COMMUNITY**

*Not lagging in diligence, fervent in spirit, serving the Lord; Romans 12:11 (NKJV)*

## **7. WORSHIP AND FELLOWSHIP REGULARLY WITH A COMMUNITY**

*And they continued steadfastly in the apostles' doctrine and fellowship, in the breaking of bread, and in prayers. Acts 2:42 (NKJV)*

## **8. PRAYING TO RENEW YOUR LOVE AND COMMITMENT TO GOD**

*So I will sing praise to Your name forever, That I may daily perform my vows. Psalms 61:8 (NKJV)*

*My eye wastes away because of affliction. Psalms 88:9 (NKJV)*

## **9. BEING WATCHFUL AT ALL TIMES**

*Counsel is mine, and sound wisdom; I am understanding, I have strength. Proverbs 8:14 (NKJV)*

It is very easy for the Christian to think there's no need for watchfulness but it is so important to do this. Consistency and learning to be sensitive to the Holy Spirit is important so that you know when your feelings are telling you something is out of order and you ask the Lord to show you. Stay away from things that can pollute your heart and practise discerning and responding to the Holy Spirit's conviction.

## **10. HAVING A VISION**

Consistency in ministry, business, marriage, service or any facet of life requires that you have a clear vision or the end result you

desire. You cannot go without a vision you cannot see. Some are not consistent because they don't really know what they want or where they want to be in life. So the first question Jesus often ask people who shouted up to him was ***what do you want me to do for you.*** Without an ability to answer this question, even the miraculous became impossible. Many are so inconsistent so they don't settle down, they don't know what they want, and they are like the bird that just flies inconsistently.

*He who sows iniquity will reap sorrow, And the rod of his anger will fail. Proverbs 22:8 (NKJV)*

They are like the *bar-tailed godwit*, the bird which flies from Alaska to New Zealand 6,800 miles nonstop. They don't perch, they don't re-focus, and they don't rest.

Vision shows your maturity in every facet of your life. As you sit down to make it happen, without a clear vision of a home, you cannot achieve a unique marriage, without a clear vision of a ministry, you cannot make impact. It was vision that made Joseph to come out of the pit to overcome the slavery in the House of Potiphar and eventually sit on the throne of leadership in Egypt.

Vision is the catalyst for succeeding. Consistency is necessary to make it happen.

Consistency works clearly by vision not in mere dream. You must see it to be it consistently. You must say what you see to be it consistently. You must keep your vision alive by speaking it every day consistently. Prophesying what you see in your spirit is what makes it to come to pass.

*For assuredly, I say to you, whoever says to this mountain, 'Be removed and be cast into the sea,' and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says. Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them. Mark 11:23-24 (NKJV)*

## CHAPTER EIGHT – THE BENEFITS OF CONSISTENCY

If all the people in the Bible would be categorised when it comes to success, there would be those who will be categorised as successful and others, unsuccessful.

One of those whose story is told briefly and yet we see an example of consistency is Caleb. Like his name, Caleb means to be faithful, to stay consistent and truthful. He was possibly a converted proselyte Jew because his surname Jephunneh suggests that he was a Canaanite. From his life, we see what it is a benefit if you stay consistent.

Caleb was consistent, we know this from his comment and he said *“I wholly followed the Lord”*.

### 1. YOUR CONSISTENCY COMMUNICATES THE VALUE YOU STAND FOR

It shows people that you are serious with life, you're serious with dreams and where you are going. It makes people to believe in you and they're able to give a testimony concerning you and once you said it or believe it, you're focused on making it.

### 2. CONSISTENCY HELPS YOU TO GET BETTER

Imagine a person who is consistent in their confidence. If they fall into bad times, they have an undying faith that they can come out of where they are, they believe things can get better. They believe they can beat all odds and correct any mistakes they have made.

### **3. CONSISTENCY GIVES CLARITY AND THE EXPANSION OF YOUR DREAMS AND HORIZON**

A person who is consistent desires to do better, get better and dream bigger. They are not into talking like a person who is unsure where they're going. They keep their focus and believe they can win and of course, because they are into constant practice, they're better than the person who doesn't.

### **4. CONSISTENCY BRINGS RELATIONSHIPS THAT WILL ADD VALUE TO YOUR WAY**

Caleb connected with Joshua, the kinsman's spirit made them to win together to beat odds together to keep focused together. So when others doubted, they were able to take their stand. When people notice you are consistent they want to be on your train, they want to join your vision and run with you.

### **5. CONSISTENCY HELPS YOU TO REAP ALL THE PROMISES AND REWARDS THAT FOLLOW**

Imagine the person who is consistent with their exercise and their practise, there is a benefit.

Caleb was consistent and so we see him reaping rewards of the promises made to him.

*Hebron therefore became the inheritance of Caleb the son of Jephunneh the Kenizzite to this day, because he wholly followed the Lord God of Israel. Joshua 14:14 (NKJV)*

*And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart. Galatians 6:9 (NKJV)*

*Do not fear any of those things which you are about to suffer. Indeed, the devil is about to throw some of you into prison, that you may be tested, and you will have tribulation ten days. Be faithful until death, and I will give you the crown of life. Revelation 2:10 (NKJV)*

We know he was consistent because he held on to that faith for 45 years, not changing in the quality of his belief or the character of who he was.

**6. CONSISTENCY ALSO MAKES YOU TO BE SUCCESSFUL WHERE OTHERS HAVE FAILED BECAUSE YOU CHOOSE NOT TO GIVE UP BUT TO STAND UP AND SPEAK UP TO MAKE THINGS HAPPEN.**

**7. CONSISTENCY INCREASES YOUR SELF-CONFIDENCE  
“GIVE ME THIS MOUNTAIN FOR AS MY STRENGTH WAS”**

*And now, behold, the Lord has kept me alive, as He said, these forty-five years, ever since the Lord spoke this word to Moses while Israel wandered in the wilderness; and now, here I am this day, eighty-five years old. As yet I am as strong this day as on the day that Moses sent me; just as my strength was then, so now is my strength for war, both for going out and for coming in. Now therefore, give me this mountain of which the Lord spoke in that day; for you heard in that day how the Anakim were there, and that the cities were great and fortified. It may be that the Lord will be with me, and I shall be able to drive them out as the Lord said.” Joshua 14:10-12 (NKJV)*

Self-confidence is a feeling of trust in one's ability, qualities and judgement. Caleb believed that God had strengthened him, and

he was good enough even at 85 and because he had kept his habit for all these years. Truly, God helped him, but he also was committed to making it happen.

## **8. CONSISTENCY GETS YOU NOTICED**

This may sound arrogant. However, it establishes your reputation. Consistent people are always remembered when someone needs the best person to fill a position, take on a job, do something. When you are always in the face of people, there is no way they wouldn't notice your brand. Consistency improves your brand, sends a message to the world that you are relevant, and you are here to stay. Some people do a touch and go and wonder why they're never remembered.

## **9. CONSISTENCY IS A MAJOR ONE IF YOU MUST DO WELL IN THE AFFAIRS OF LIFE**

Consistency makes you conquer where others have failed. Caleb stood tall, he took the land others would not take. Giants occupied it and when ten other leaders bowed to adversity, he came back with clusters of grapes and pomegranates. He was consistent in his love for God and his commitment to achieve.

For the consistent, what looks big today is something they will overcome tomorrow so they do not bow. They are not shaken, they know things will change. Consistency gives you impact.

Remember our illustration, at the beginning of this book, of the droplets of water consistently dropping on the rock for years. It ends up breaking the rocks. Anything with momentum has greater impact when there is a collision.

Consistency impacts people, systems and world at large and even if it is just droplets, it's only a matter of time and the impossible will be possible, the hard will give way. Woodpeckers bring trees down with just one peck at a time.

## **10. CONSISTENCY GIVES YOUR LIFE CREDIBILITY**

At the highest height of when people want somebody who would work with them, the leader looks for the one who will be consistent and would not give up easily. When something doesn't work, they look back for someone who is serious and does not waver easily. Who stays on until the battle is won and the victory is achieved.

Sustained success is only through consistency.

People easily walk away from whatever looks difficult and hard to achieve and it may just mean one more tweaking, one more action and what has been tried for years and years eventually works.

I heard recently of two high school girls who cracked a mathematical problem which was said to be impossible. Somebody had looked at them and thought these are just black girls, they couldn't do it. When having been given the assignment by their teacher, the kids took it home and spent weeks upon weeks until they cracked through. Mathematical geniuses wanted to see how they did it. The only difference between them and everyone else who had accepted to do the test was that while others believed that it wasn't achievable, they did not hear evil or see evil. They made it happen.

The last benefit of consistency is that it rubs off on everybody who is around you. It becomes generational. The family of Caleb received the extended blessing even after his passage.

**Acts 16:31** makes clear that you and your household can be blessed.

*So they said, "Believe on the Lord Jesus Christ, and you will be saved, you and your household." Acts 16:31 (NKJV)*

*Now it was so, when she came to him, that she persuaded him to ask her father for a field. So she dismounted from her donkey, and Caleb said to her, "What do you wish?" She answered, "Give me a blessing; since you have given me land in the South, give me also springs of water." So he gave her the upper springs and the lower springs. Joshua 15:18-19 (NKJV)*

"Success isn't always about greatness it's about consistency. Consistent hard work leads to success, greatness would come"  
**Dwayne Johnson**

## CONCLUSION

Everyone desires success. I have never met anyone who knelt to pray for failure. The challenge is people do not go on with their life to make their resolutions happen.

In order for you to truly be consistent and experience the success it brings, do the following –

### 1. DO AN AUDIT OF YOUR LIFE AND SET REALISTIC GOALS

Goals that will help you overcome previous failures, mistakes, laziness and the tendency to fall back into previous habits.

### 2. LOOK FOR SOMEONE YOU WILL BE ACCOUNTABLE TO

Who would hold you to your words and remind you of the things you said you would do. In doing this, recognise that when they give you feedback, they are not being critical. You are the one who gave them the power and you put the keys in their hand.

### 3. DO NOT BE TOO HARD ON YOURSELF

Don't set goals that are so hard to achieve that they make you discourage easily. One step at a time anything is a cinch. Anything is an achievement.

### 4. CREATE A ROUTINE FOR YOURSELF AND ENSURE THAT YOU AVOID TIME WASTERS

A routine which you would enjoy, which would work and does not depend on other people to make happen.

## **5. EVERY TIME YOU ACHIEVE YOUR DREAM AND GOAL, CREATE A CELEBRATION**

Even if it is a cold glass of water, something healthy which in itself is a habit to be consistently formed. If you were into too much sugary drinks, consistently celebrating yourself with a glass of cold water is a celebration and an achievement.

## **6. BE PATIENT WITH YOURSELF REMEMBER THAT GREAT RESULTS TAKE TIME**

There is no overnight success everyone who thought he was eventually crashed. Then keep reminding yourself why these goals matter to you, why you need to be consistent.

Have your why, follow your why, and make your why work for you. When negative things happen do not beat yourself. Stop focusing on the mistakes and the failures. Learn from them, use them as stepping stones to greater heights.