

10th May 2020

EAGLE'S NEST NEWS

WELCOME

Hello everyone and welcome to the month of May! We hope you're making the most out of your time at home? What new things have you tried? Do tell us.

There are lots of activities in this issue to keep you busy but if there's something you want to see, just send us an email! We're excited to have some of our Junior ENN reporters on board bringing you some great articles. So, find a quiet place, put your feet up and enjoy this issue of ENN.

Until next time, stay blessed
ENN Team



ANIMALS AROUND THE WORLD

Koalas are my favourite animals. They live in trees in Australia.

KOALA FACTS

They have strong, sharp claws that help them climb trees.

Koalas only eat leaves and plants.

Their favourite food is eucalyptus leaves.

They sleep during the day.

They are very good swimmers.

There were bush fires in Australia.

This hurt some of the koalas and meant some of them didn't have anywhere to live.

By Azaiah, aged 5



Discover more animals!

DISCOVER THE GREAT INDOORS



Bear Grylls with former American President Barack Obama. Mr Obama appeared on Bear's survival skills TV program Running Wild with Bear Grylls!

Chief scout adventurer Bear Grylls has teamed up with the Scouts to bring you more than 100 games, activities and creative ideas for free! Visit <https://www.scouts.org.uk/the-great-indoors/> You may be indoors but there are loads of ways on this site to get mucky, get creative and even get covered in paint (sorry grown-ups!)

DISCOVER MORE ABOUT THE WORLD!



AWESOME INSIGHT WITH BBC BITESIZE



You can discover more about the earth and its oceans, the universe, the solar system, force and gravity at the click of the red button on your remote control! It's all thanks to BBC Bitesize's launch of some very cool programmes. Every day you'll find six different 20 minute shows on BBC iPlayer The programmes are for children aged between 5-7, 7-9, 9-11, 11-12, 12-13, and 13-14 years. Click here for more <https://www.bbc.co.uk/bitesize/articles/z6vpnr>



Discover more about the universe and the world with scientist Professor Brian Cox and natural historian Sir David Attenborough (above)

Speaking my language

There are an estimated 7,000 different languages spoken around the world. Languages are grouped into families that share a common ancestry. For example, English is related to German and Dutch.

According to UNESCO (The United Nations' Educational, Scientific and Cultural Organization), the most widely spoken languages are Mandarin Chinese, English, Spanish, Hindi, Arabic, Bengali, Russian, Portuguese, Japanese, German and French.

QUIZ TIME!!

ENN

What significant event in the Bible led to the creation of languages?

Learn a language during lockdown! Head over to BBCBitesize for your own personal French lessons :-)

KS1 <https://www.bbc.co.uk/bitesize/subjects/zr8jmp3>

KS2 <https://www.bbc.co.uk/>

PRAYER:

Thank you, LORD for loving me. Help me to be strong and courageous and not to be afraid.

Thank you for giving me the spirit of love, power and a sound mind. In Jesus' name. Amen

Memory Verse

Be strong and be brave. Don't be afraid of those people because the Lord your God is with you. He will not fail you or leave you."
Deuteronomy 31:6 (ERV)

GLOBAL GAMES



The Olympic Games is an international event featuring summer and winter sports.

The Olympic Games are held every four years, with Summer and Winter Olympic Games taking turns. The Winter Games were created for ice and snow sports.

The Olympics started 6th April 1896, and it originated in Ancient Greece. The first ever person to win the Olympics was James Connolly, from Ancient Greece.

In old times, women were not allowed to compete, but now everyone is allowed. There is now the Youth Olympic Games for teenage athletes and the Paralympic Games for athletes with physical disabilities.

Over time the Olympics have become bigger. It first started with only 13 countries, now nearly every country takes part.

The International Olympic Committee (IOC) is responsible for choosing the host city for each Olympic Games and what sports are in the Games.

The Olympic rings are five interlocking rings, coloured blue, yellow, black, green and red. The symbol was originally created in 1913 by Pierre de Coubertin who wanted the rings to represent the five continents: Europe, Asia, Africa, The Americas, and Oceania.

NEW SPORTS RELEASED 2019-2020

Surfing- the sport of riding waves

toward the shore usually while standing on a surfboard.

Kumite- Kumite is the part of karate in which a person trains against an opponent.

Skateboarding- short board mounted on small wheels that is used for coasting and often for performing athletic stunts. Karate-: an art of self-defense developed in Japan in which an attacker is defeated by kicks and punches.

Baseball- a game played with a bat and ball by two teams of nine players on a field with four bases that mark the course a runner must take to score.

Softball- a game like baseball played with a larger ball thrown underhand.

Sport climbing- when you climb rocks using your hands and your feet

Bouldering- it is a form of rock climbing but you don't use ropes for safety you just climb normally Lead climbing- it's a style used in rock climbing.

Cheerleading- it is an activity that combines elements of dance and gymnastics with shouted slogans.

My favourite sport is boxing. I find it very intriguing because it shows how an athlete's power and strength.

By Esther, aged 11

TIME FOR A LAUGH...



Boy: Would you believe I was on the TV yesterday?
Friend: wow!
Boy: yeah, but it was just for a minute.
Friend: Then what happened?
Boy: My mum said, "Get down!"

Source: The Shout! Joke Book

Send in your best joke and we will share it with everyone

It's all about LOVE

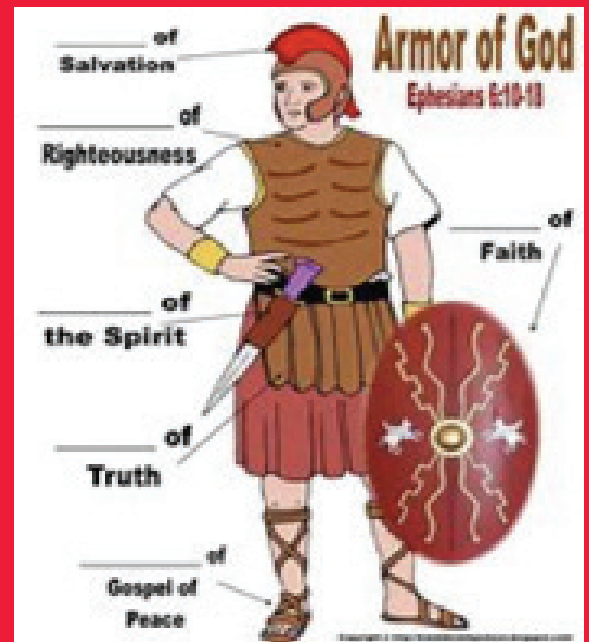


Read the scriptures and complete the sentences.

----- is patient, love is -----, it does not envy.
 For God so ----- the world, that He gave His only begotten -----.
 But the Fruit of the Spirit is -----, joy, peace, longsuffering, -----,
 goodness, faithfulness, gentleness, self-control.
 Above all ----- each other deeply, because love ----- a multitude of sins.
 And now these three remain; faith, hope and ----- But the ----- of these is love.
 A friend ----- at all times, and a ----- is born for adversity
 We ----- Him, because He ----- loved us.

Clues: 1. 1Corinthians 13:4a, 2. John 3:16a, 3. Galatians 5:22-23, 4. 1Peter 4:8, 5. 1Corinthians 13:13, 6. Proverbs 17:17, 7. 1John 4:1.

Fill in the blanks to complete the statement. What does each statement mean?



Sources: biblefunforkids.com, allaboutgod.com

I'M A BRAVEHEART Armed to the teeth!

Hey kids!

Just take a look out your window and you can see people going around wearing gloves and masks. Why are they doing this? They want to protect themselves and others from an invisible enemy - coronavirus.

Let me tell you about a different kind of protective gear we have as Christians. It's a special costume, like the one worn by Roman soldiers a long time ago, or by superheroes in comic books.

But unlike comic characters, this invisible suit is far from make-belief. It's as real as God himself! The Bible calls it the armour of God. Like a mask and gloves, it protects us from an unseen enemy, the devil. With the secret weapons contained in this armour, we can block all the devil throws at us. In addition to protecting us and those around us, wearing God's armour helps us to be brave. As children of God, the Bible tells us to be brave, strong and courageous (Josh.1:6,7&9). That's what it means to be a braveheart. With this armour, we can stand our ground in the days of trouble and be victorious in every battle. So what are the weapons in this armour and what do they do?



****Helmet of salvation:** When we pray, we can ask God to place on our head the helmet of salvation so that we are protected from the bad thoughts that the devil tries to give us (sin, revenge, lies etc.)

****Breastplate of righteousness:** We can also ask God to place on our chests breastplate of righteousness so that our heart stays clean and free from fear.

****Belt of truth:** After that, we can pray for the belt of truth to be buckled around our waist so that only truth enters our minds and comes out of our mouths.

****Shoes of peace & good news:** Then, on our feet, we can pray that we are ready to go wherever God leads us and that we will always be safe and peaceful when we go. God is sending us to spread the Good News about Jesus Christ to our friends in any way we can.

The armour is not complete without a shield, so the next thing we pray for is...

****Shield of faith:** Our faith, which is our belief that Jesus will do what He says He will do, protects us from the bad things that the enemy tries to do. ****Sword of the Spirit:** Lastly, with the

armour on and the shield of faith in one hand, we must have a sword in the other. To carry the sword we must read our Bibles every day. The knowledge we gain from reading our Bibles teaches us how to use all the other parts of the armour. Learning from the Bible also gives us the ability to live our lives so that the devil can never win and so that God always stays number one in our lives.

The MSG Bible puts it this way: "Be prepared. You're up against far more than you can handle on your own. Take all the help you can get, every weapon God has issued, so that when it's all over but the shouting you'll still be on your feet. Truth, righteousness, peace, faith, and salvation are more than words. Learn how to apply them. You'll need them throughout your life. God's Word is an indispensable weapon. In the same way, prayer is essential in this ongoing warfare. Pray hard and long. Pray for your brothers and sisters. Keep your eyes open. Keep each other's spirits up so that no one falls behind or drops out" Eph.6:13-18.

So now that we know about the special armour God's given us, let's remember to put it on all the time so we stay safe during the lockdown and afterwards. That's the way to be a braveheart!

Dig Deeper Read Ephesians 6: 10 – 18 (NLT)

Good News for Planet Earth....

One good thing that has come out of the lockdown is a drop in air pollution.

Air pollution is when particles or bad gases (such as carbon monoxide) are released into the air. There are lots of things which can make air 'dirty', for example fumes from traffic and vehicles, power stations and even people smoking. As everyone is at home, cars and planes are causing much less pollution.

Our atmosphere's made up of layers of gases, some of which are called 'greenhouse gases'. Greenhouse gases are all natural gases, but extra greenhouses gases can be made by humans from pollution. Greenhouse

gases are mostly natural and make up a kind of thermal blanket over the earth.

This lets some of the rays back out of the atmosphere, keeping the earth at the right temperature for animals, plants and humans to survive (60°F/16°C).

If extra greenhouse gases are made, too much heat is kept in the earth's atmosphere. This can cause a change in earth's weather patterns.

Earth Day!

The Earth Day Network's Earth Day celebrations was 50 years old last month. As part of the celebration EDN are aiming to plant nearly 8 billion trees by the end of this year. Earth

Day was founded by Gaylord Nelson who had the idea for a national day to focus on the environment.

HOW YOU CAN HELP

1. Go on a beach clean
2. Plant a tree
3. Buy a bag for life
4. Don't eat any meat
5. Go on a walk or a bike ride
6. Give up chewing gum
7. Buy a reusable water bottle
8. Stop using plastic straws
9. Start a compost heap in your garden
10. Spread the word! (The more the merrier)

#StayhomeStaysafe

By Oyin, aged 10

GLOBAL SWEET TOOTH

I really like sweets! There are so many flavours to try. Here are some of my favourites from around the world



FROM ISRAEL

Elite – this chocolate bar has popping candy in it!



FROM AUSTRALIA

Caramello koalas, these are koala shaped chocolates filled with caramel.



FROM GERMANY

I never knew these were from Germany!! They call them Saft Goldbären but we call them Golden Bears from Haribos.



FROM NIGERIA

Tom Tom
These are my favourite sweets because they are so minty. I really like the strawberry and the lemon ones.



FROM ITALY

Kinder Bueno, a chocolate-covered wafer with delicious hazelnut cream.

EZRA, AGED 7

LIVE WILDLIFE HOMESCHOOL

Are you interested in animals and learning more about them? Then join explorer Steve Backshall every Wednesday at 9.30am on Facebook or Youtube for a live Question and Answer session. Steve says there are no silly questions so log on to find out more! <https://youtu.be/yiGKl2Uszto>

Extra Extra, read all about it! THE WEEK JUNIOR



The Week Junior is an award-winning current affairs magazine for children aged 8–14. It's filled with fascinating news from around the world. They now have a special offer on! You can try 6 issues for FREE visit: <https://theweekjunior.co.uk/>

FEARLESS CHILDREN IN THE BIBLE

The Bible is full of bold, courageous children who were used by God to bring faith and freedom to the people of God and others around them.

Isaac was full of faith; he didn't run when he saw the knife as Abraham prepared to offer him as a sacrifice. Genesis 22:5-7.

David fearlessly protected

his father's sheep from the lion and the bear 1 Samuel 17:34.

Daniel's three friends - Shadrach, Meshach, and Abednego did not bow to the king's image, they worshipped the only true God and He kept them from harm. Daniel 3: 8-30.

Rhoda was boldly able to convince the elders that

Peter had been released and was standing at the door Acts 12:13-15.

These young people knew the greatness of their God and were fearless in their speech and action. Jesus is our confidence and strength. When we trust Him we can be bold and fearless, knowing He is always there to save and protect us.

PUZZLE TIME!

11 year old Opuence has designed a crossword of countries - how many can you find?

ENN

THE GLOBAL SOUNDS OF MUSIC



ENN

The world is literally full of music! There are so many different musical instruments, styles and cultures just waiting for you to discover.

MY KIND OF SOUND

Instruments are used to make rhythm and sound all over world. I like the xylophone.

It is played in many places including Africa, India, and the UK. In Africa it can be made in different sizes and styles but it is mostly made of wood, so its called the Wooden Xylophone. The wooden xylophone is made of rosewood, other xylophones can be made of synthetic material. A xylophone is played by hitting the tuned wooden bars with mallets.

By Benjamin, aged 8

ENN



Check out Yolanda's Band Jam <https://www.bbc.co.uk/programmes/m0003gyl> Join in the jam with Yolanda Brown and her brilliant band. Bop, bounce and boogie along in your living room, learning all about music as you go! You can find out more about the amazing array of music from all over the world with just one

click! <https://www.bbc.co.uk/bitesize/subjects/zbjxf8>

Fancy composing your own music? Have a go here! <https://www.classicsforkids.com/games.html>

Lockdown in the Ark

How do you think Noah felt when he was locked in the ark for 40 day and 40 nights? How do you think he felt about God? He was in the ark with only his wife, his sons, their wives (only 8 people) and lots and lots of animals! I am sure that those animals were smelly. He had no friends to talk to, he was not able to go out for fresh air. He could not even open the door because God had shut the door.

He was on "lockdown" in the ark.

Noah waited and waited for the rain to stop so that he could go out again, just like you are probably waiting for the lockdown to end. Noah prayed and prayed for God for the rain to stop and for dry land so he could be let out of the ark with his family and the animals. You are waiting and praying like Noah. You want to go back to school, go to church, to meet up and play with your friends.

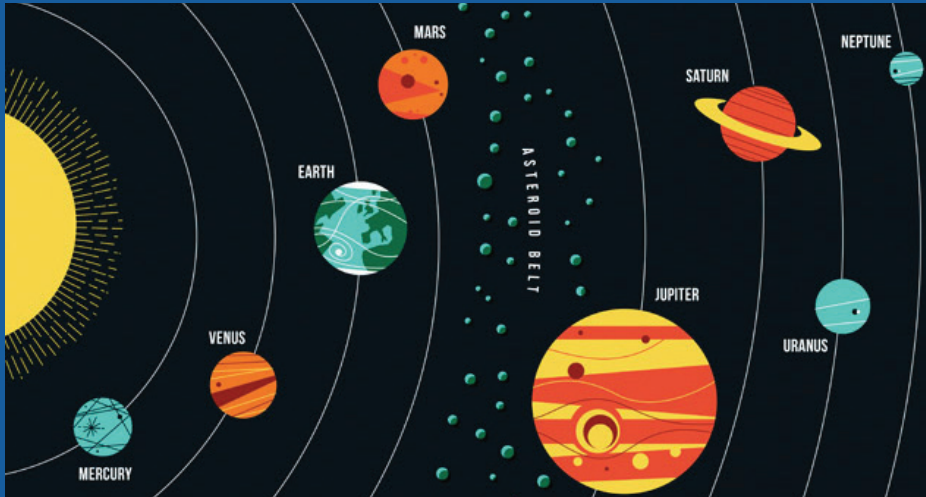
This is what the Bible says that God did to Noah - "But God remembered Noah and all the wild animals and tame animals with him in the boat. God made a wind blow over the earth. And the water went down" (Genesis 1:8).

To remember means that you do not forget something or someone. During this time of lockdown and social distancing, know that you are always on God's mind. He has not forgotten you. Although you may miss a lot of things, God will always be with you like he was with Noah. Be patient and keep on praying - God hears you and He will bring this lockdown to an end.

Just as Noah got his strength by trusting in the Lord, as you trust in the Lord you will grow stronger and stronger every day.

EARTH FACTS

ENN



1) Earth is the third planet from the sun in our solar system. Its name comes from the old English and Germanic words meaning 'the ground'.



2) Like all the planets, Earth orbits (travels around) around the sun. The Earth orbits the Sun at a speed of 67,000 miles per hour.

3) Have you ever wondered why we have different seasons? We'll tell you -- it's because the Earth is tilted 23.4 degrees on its 'axis', an imaginary line straight through the middle of the planet from the North Pole to the South Pole. This means that different parts of the globe are tilted towards the sun at different times of the year (or at different times during its orbit).



4) Not only does Earth zoom through space, it also spins on its axis. The result? We have daytime and night time! As the planet rotates, the side facing the sun receives daylight and the other is in night time.

5) People often think of Earth as a gigantic sphere. But, in fact, its shape is more like a squished ball that bulges out at the equator. The equator is an imaginary line around the middle of the planet, exactly between the North Pole and the South Pole.



6)) This 'bulge' is caused by the Earth's spin and the effect of 'gravity'. Gravity is an invisible force that attracts objects towards each other. It's this force that pulls things towards the Earth and stops us floating off into space!

7) The Earth's diameter (distance straight through the middle) measures a huge 12,800 kilometres, making it the fifth largest planet in the solar system. Jupiter, Saturn, Uranus and Neptune are even bigger!

8) Earth is the only planet in our solar system known to support life. This is because it has two very important things that living creatures need to survive -- lots of oxygen and lots of water! Its distance from the sun means it's not too hot and not too cold for creatures to live on, too.



9) Earth's 'atmosphere' is also hugely important for sustaining life. The atmosphere is a huge blanket of gases -- mostly oxygen and nitrogen -- wrapped around Earth, protecting our planet from the sun's strong rays. At the same time, the atmosphere helps keep the Earth's temperature comfortable for living beings.

10) The earth has seven large land masses called continents. The continents include Africa, Asia, North America, South America, Europe, Oceania, and Antarctica. It also has 5 major bodies of water called oceans including the Atlantic, Pacific, Indian, Southern, and Arctic oceans. The highest point above sea level on Earth is Mount Everest and the lowest point is the Mariana Trench.

Isn't God awesome!

Sources: <https://www.natgeokids.com/uk>
| <https://www.ducksters.com/>

OVER TO YOU!

A big well done to...
Opulence and Splendour for their chain reaction videos. Great work guys!
Femi, for the brilliant code cracking skills.
And Joseph, for taking up the Psalm 91 challenge.

Awesome work everyone!!



WE'D LOVE TO HEAR FROM YOU!

Send your competition entries, comments and Birthday shout outs to us at: ENN@kicc.org.uk