

TOPIC: EFFECTIVE COMMUNICATION
THEME: WHAT IS EFFECTIVE COMMUNICATION?
TEXT: PSALM 19:14 ESV, EPHESIANS 4:29 AMP, COLOSSIANS 4:6.

Introduction

Effective communication is an essential life skill. It is the presentation of views by the sender in a way best understood by the receiver. Communication is so powerful it can change the course of any relationship; it improves and deepens relationships.

The One who created us for relationships also created communication. God communicates with His people through His Word and we communicate with God through prayer. Which shows the two sides of communication; listening and speaking are both required for an exchange of information.

According to the Bible, we are accountable for the words we use (Matthew 12:36). As Christians we ought to have control of our words, which are a powerful influence in how the world perceives and receive us.

WHAT THE BIBLE SAY.....

Proverbs 16:23 NKJV

²³ The heart of the wise teaches his mouth, and adds learning to his lips.

- Ineffective communication is the reason for a lot of problems in business and life
- it's important for us to mature in the things we say

1. What we say and how we say it, can have a life changing impact on others.

Colossians 4:6 AMP – Do not let unwholesome [foul, profane, worthless, vulgar] words ever come out of your mouth, but only such *speech* as is good for building up others, according to the need *and* the occasion, so that it will be a blessing to those who hear [you speak].

2. Your communication can extinguish anger or escalate it.

Proverbs 15:1 NLT – A gentle answer deflects anger, but harsh words make tempers flare.

Discuss.

3. Your communication can wound others or heal them.

Proverbs 12:18 NKJV – ¹⁸ There is one who speaks like the piercings of a sword, but the tongue of the wise promotes health.

Proverbs 12:25 ESV – ²⁵ Anxiety in a man's heart weighs him down, but a good word makes him glad.

Discuss.

4. Your communication can infuse life into a person's spirit.

Proverbs 15:4 NKJV – ⁴ A wholesome tongue is a tree of life, but perverseness in it breaks the spirit.

- Many people don't know how much power resides in what they say and how they say it.

5. Your communication can save a life or take a life.

Proverbs 18:21 NKJV – ²¹ Death and life are in the power of the tongue, and those who love it will eat its fruit.

Discuss

6. Your communication can bring delight to others.

Proverbs 25:11 CEV – ¹¹ The right word at the right time is like precious gold set in silver.

Discuss

CONCLUSION

When communication is effective, it leaves all parties involved satisfied and feeling fulfilled. By delivering messages clearly, there is no room for misunderstanding or alteration of messages, which decreases the potential for conflict. We all have the ability to provide such words of love, kindness, encouragement and wisdom.