TOPIC: THE RENEWED MIND.

THEME: THE D'S OF A RENEWED MIND?

TEXT: ROMANS 12:1-2, 2 CORINTHIANS 5:17, PHILIPPIANS 4:8

## Introduction

In Romans 12:2, Paul focuses on one essential means of transformation — "the renewal of your mind." This is essential for the following reasons:

- If you long to break loose from conformity to the world
- If you long to be transformed and new from the inside out
- If you long to be free from mere duty-driven Christianity and do what you love to do because what you love to do is what you ought to do
- If you long to offer up your body as a living sacrifice so that your whole life becomes a spiritual act of worship and displays the worth of Christ above the worth of the world.

## The D's of a renewed mind

1. Decide. Make a decision to change your mind- Romans 8:6

**Q:** Why is change in respect to our mind essential?

2. Desire. Possess a strong desire to change – 2 Corinthians 10:5, Romans 8:5

**Q:** How do we show strong desire to change?

- 3. Deepen. Deepen your knowledge base Philippians 4:8
- **Q:** What does a deepened knowledge base look like?
- **4.** Diligence. Diligently apply the truth you learn Proverbs 4:23
- **Q:** Why is it important to diligently apply the truth you learn?
- **5.** Defend. Defend your mind against the old thoughts Psalm 119:11, Romans 8:32
- Q: How do you defend your mind against the old thoughts (practical examples)?
- **6.** Dissociate. Dissociate from the past 2 Corinthians 5:17, Matthew 12:43-45
- **Q:** What is it about the past that requires that you dissociate from it.

## Conclusion

Jesus challenged people to change their thinking because regardless how many times you read through the Bible, if your mind doesn't change, you will simply impose your biases and narratives on the words you read.

It should be noted from our study today that the power of our thoughts. Not only do your thoughts shape your life. They also influence the lives of our children and those connected to us.

According to 2 Corinthian 10:5 we need to take every thought captive, this is not just a great idea but a fact that is possible, if we trust God's word and spend time in prayer.

You have the power to change your reality by shifting your focus. As someone thinks within himself, so he is Proverbs 23:7.